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Orient Express

chinatown

Montreal (May, 11, 09)

There are hidden gems around every corner in Montreal's Chinatown. Here's a quick look at our favourite oriental wonders.

Noodles

Chopstick prowess is perfected while munching made-to-order noodles (try the steamed dumplings).

Noodle Factory; 1018 St. Urbain (corner de la Gauchetiere); 514-868-9738

Market

Create an exotic meal with the many fresh and imported ingredients found in this classic Chinese grocery store (bonus points for the truly adventurous)

Wing Cheong Hong Supermarket; 1008 Clark (south of de la Gauchetiere); 514-879-6999

Tea

Find the perfect hostess gift with the cornucopia of fresh teas and accessories available (enjoy free hot and iced tea samples, too).

My Cup of Tea; 1057A St. Laurent; 514-861-8800; www.mcot.ca

Town Square

Watch the flow of the crowd while sitting on a stone stool enjoying a hot egg roll (spicy plum sauce a must) and some delicate Dragon beard candy.

(Corner of Clark and de la Gauchetiere)

Community Center

Reach enlightenment with a Tai Chi class or try mastering an Oriental tongue.

Montreal Chinese Community and Cultural Centre; 1088 Clark; 514-788-8986; www.ccccmontreal.org

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Your quick access to our picks for sweet shops, restaurants and services.

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